

Most Totara Springs programmes and activities run rain or shine. Often the best adventures are to be had in what seems like the most challenging conditions. Groups therefore need to be prepared so that their clothing can handle any weather. The following is a suggested gear list. You must have all of these items, so try to borrow from friends and family if you do not have these items. We suggest that all gear is clearly named. If you bring any valuables, these become your responsibility, they can be checked into the office, but will only be available during office hours.

Generic Gear List for Totara Springs

- Large bag or suitcase (to keep everything in)
- Day pack
- Sleeping bag
- Blanket (in case it turns cold at night)
- Pillow & pillow case

Clothing:

- PJ's
- Warm jersey or bush shirt (woollen or fleece)
- Sweatshirt
- T-shirts (enough for each day)
- Shorts
- Trousers
- Underwear - enough for each day
- Thermal Underwear – (aka polypropylene or Long Johns)
- Socks (enough for each day + a spare pair)
- Waterproof jacket / raincoat preferably with hood
- Covered shoes
- Sandals or Jandals
- Old shoes (that can get wet)

Toilet Bag:

- Comb /Toothbrush /Toothpaste
- Face Cloth / Soap

Drink Bottle

- Torch and spare batteries
- Towel
- Togs (suggest one piece for girls)
- Sun hat & Sun Glasses
- Sun block and Insect repellent
- Plastic bags (for dirty & wet clothes)

- Medication (to be given to camp organizer with written instructions)
- Personal first aid kit
- A good sense of fun